

Pre-Procedure Instructions for Spinal Injections

- Please stop all aspirin, aspirin products, and all nonsteroidals – except Celebrex– 5 days before the procedure. Examples of nonsteroidals that need to be stopped are: **Motrin, Advil, Naprosyn, Naproxen, Aleve, Indocin, Lodine, Orudis, Relafen, Daypro, Tolectin, Mobic, Torodol, Voltaren, Trilisate, Dolobid, Arthrotec, Ibuprofen, Diclofenac and Clinoril.**
- If you have questions regarding these types of products or their discontinuation, you should discuss this with one of our staff.
- If you take fish oil or Vitamin E supplementation, please stop these 5 days prior to the injection.
- If you take **Coumadin, Heparin, Lovenox, Warfarin, Pradaxa, Debigatran, Orgaran, Innohep, Fragmin, Argatroban, Plavix, Effient, Prasugrel, ReoPro, Ticlid, Trental, Persantine,** or any other **blood thinner,** notify your doctor. This medication must be discontinued prior to an injection and requires permission from the provider prescribing it.
- Do not eat 4 hours or drink 2 hours prior to the procedure. You may take routine a.m. medications with a small amount of water.
- You may be requested to obtain laboratory work and an EKG prior to your procedure. This will be discussed and ordered, if necessary, at the pre-procedure appointment with your provider.
- For your safety, you must have a responsible adult to drive you home. Failure to have a driver may result in the cancellation of your procedure. Taxis are not permitted.
- If you have any problems, please contact our office directly to speak with a medical assistant.
- You will need to schedule a follow-up appointment for approximately 10 days to 2 weeks after your procedure. If this is not already scheduled please contact our office to schedule immediately.

Date of Procedure:

Arrive at:

Gateway Surgical Center 690 N. Cofco Center Court Suite 150 Phoenix, AZ 85008 (602) 288-4441	NSASC 9439 E Ironwood Square Dr. Suite 100 Scottsdale, AZ 85258 (480) 355-3750	Scottsdale Pain Center 10200 N. 92 nd St. Medical Plaza IV, Suite 140 Scottsdale, AZ 85260 (480) 323-3911
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Date of Follow up:

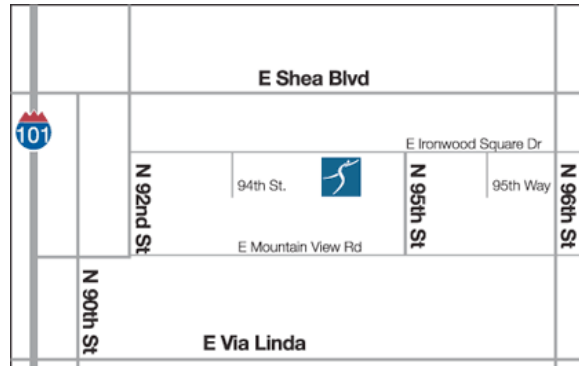
Appt. Time:

Scottsdale 9913 N. 95 th St. Scottsdale, AZ 85258	Tempe 4765 S. Lakeshore Dr. Tempe, AZ 85282	Glendale 18275 N. 59 th Ave. Ste. F132 Glendale, AZ 85308	Gilbert 2940 E. Banner Gateway Dr. Ste. 350 Gilbert, AZ 85234
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North Scottsdale Ambulatory Surgery Center

9439 Ironwood Square Drive
Scottsdale, AZ 85258
(480) 355-3750

- From the Loop 101, exit 90th St
- Travel North on 90th St
- Turn Right onto E. Mountain View Rd
- Stay Straight to go onto N. 92nd St
- Turn Right onto Ironwood Square Dr
- Turn Right onto 94th St
- North Scottsdale Ambulatory Surgery Center is the 2nd building on the left in the Ironwood Square Plaza



Gateway Surgery Center

690 N. Cofco Center Court, Suite 150
Phoenix, AZ 85008
(602) 288-4441

Traveling from the East side:

- From the Loop 202 West, exit 44th St
- Turn Left onto 44th St
- Turn Right onto E. Cofco Center Blvd
- Turn Left onto N. Cofco Ct
- Gateway Surgery Center is in the building on your right

Traveling from the West side:

- From the Loop 202 East, exit 40th St
- Go straight through the light at 40th St towards 44th St
- Turn Right onto N. 42nd St
- Turn Left onto N. Cofco Ct and follow it as it curves to the right
- Gateway Surgery Center is in the building on your right

